Abstract

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The invention relates to water-dispersing plastic bodies made of a plastic substrate, at least one water-dispersing, inorganic coating (a) and an adhesive promoting intermediate layer (b) arranged between the plastic substrate and the inorganic coating. Said coating can be obtained in such a manner that the intermediate layer applied is (b) made of a mixture with a compound which has an evaporating number smaller than or equal to 20. The sum of the layer thicknesses of the inorganic coating (a) and the intermediate layer (b) is $07\mu m$ at the most.